C60 Waterproof Smart Watch
# User Manual

APP Download and Pairing

- Scan the QR code to download and install the application

- Android: Search for "Keep Health" through Google Play to download and install the application
- Apple: Search for "Keep Health" through the App store to download and install the application

For the first use, please long press the touch button to power on. If it cannot be powered on for use, please charge the device first.
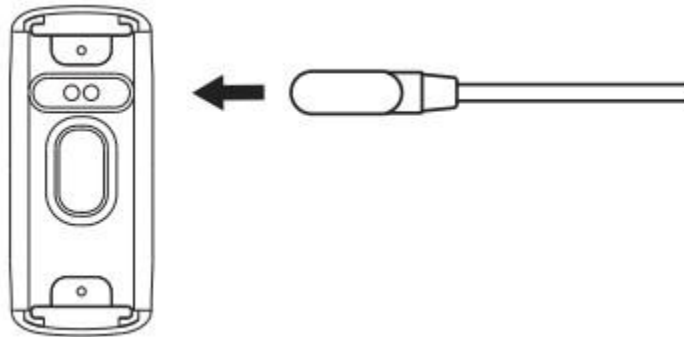
Connection between the Device and the APP

- Long press the touch button to power on, make sure the mobile phone Bluetooth is turned on (Android needs to turn on the GPS location permission).
- Open the Keep Health APP on the mobile phone, complete the APP registration and settings according to the prompt on the guide page, enter [Device - Add Device], and select the Bluetooth code that matches the device to connect.
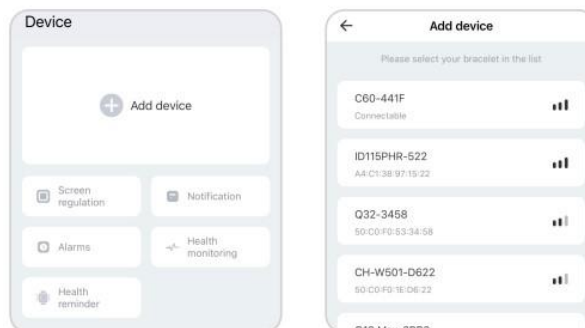
- After the APP successfully connects to the device, it will automatically enter the home page to synchronize data, and the device will automatically synchronize the date, time and language of the mobile phone.

Application Instructions

44512	10h 36m	Tempe–rature	Heart rate	Blood pressure	Blood oxygen	Work out

More	Stop–watch	Find a mo–bile phone	Watch face	T01A01N7 C60-V12D V0.01	Shutdown	Factory reset

- Steps: Displays the number of steps today.
- Sleep: Displays the duration of sleep last night. The device automatically monitors sleep data at night.
- Heart rate / blood pressure / blood oxygen / body temperature: After staying on the interface for 2 seconds, it will automatically start to measure. When measuring, it is necessary to attach the heart rate sensor or electrode sensor on the back of the device to the wrist. Auto-monitoring can be turned on or off on the APP side.
- Work out: Long press to enter the exercise selection interface, and four kinds of sports are displayed by default. Short press to view, long press to start the exercise. During exercise, short press to pause / continue, and long press to end the exercise. (Note: The exercise record will be saved only if the exercise lasts for more than three minutes.)
- More: Long press to enter the secondary interface.
- Stopwatch: Long press to start timing. During timing, short press can pause / continue, and long press exits the stopwatch.
- Find phone: Long press to start looking for the phone, and the phone will play a prompt sound. (Note: The function of finding the phone requires the APP to keep running in the background of the phone.)

- Watch face: Long press to enter the dial switching interface, short press to view the dial, long press to select the dial. Also, you can enter the Keep Health APP [Device Interface - Center of Dial] and click to install the dial.
- Device information: Displays the model, Bluetooth name, and version.
- Shutdown: Long press to shut down the device.
- Reset: Long press to restore the device to factory settings.

Notes:

- Please use the original charging cable to charge the device.
- This equipment is not a medical device. The data and information provided are for reference only.