

**SMARTWATCH WITH CURVED SCREEN F12**  
**User Manual**



## Power button

If the watch does not turn on when the power is off and you press and hold the power button, please try after charging the watch first.



When the screen is off:

Long press: Power on/power off/SOS

Rotate up/down: switch dial

When the screen is on:

Press once to enter the menu

Press twice to switch the menu mode (in the menu interface)

## Touch screen



Cover it with your hand to turn off the screen

Raise your hand to turn off the screen

Swipe left to switch between functions

Swipe right to split screen

Swipe up to enter the menu

Slide down: info (read/edit)

## App installation

1. Long press the power button to turn on the watch
2. Use your mobile phone to scan the QR code below or search for "WFIT" to download and install the APP



Note:

1. For a better user experience, please follow the prompts to upgrade the APP to the latest version in time.
2. The system requirements are Android 5.0 or iOS 10.0 and above.

## **Bind Phone**

1. Open the app on your mobile phone, complete the information settings, and choose to always allow and agree according to the permission prompts.
2. Click to add a watch on the app device interface, search for the device model F12, and click 'Connect.' After the app interface displays 'Connected,' a pop-up window will appear on the phone asking, 'Do you accept the Bluetooth pairing request of F12?' Click 'Pair' to complete the Bluetooth connection.
3. After the app's Bluetooth connection and binding are successful, the watch will display the correct time, and the app interface will show that the device model F12 is connected. If the color is gray, it means the connection was not successful; please try again.
4. After the call Bluetooth connection is successful, the paired device/my device section in the Bluetooth interface of the phone settings will display that F12 is connected. If the call Bluetooth connection is not successful, please reopen the phone settings interface and reconnect and pair F12 in the Bluetooth settings.

## **Watch Charging**

This product uses magnetic charging. Please use the standard charging adapter. Align the charging port with the metal contacts on the charger until the charging level indicator appears on the watch screen.

Note:

1. Please use the charger included in the package to charge, and ensure the charging port is dry before charging.
2. Connect the USB interface to a mobile phone charger with an output current above 1A or to a computer USB interface for charging.

## **Notice**

1. Do not use adapters with a charging voltage > 5V and charging current > 2A. The charging time is approximately 120 minutes.
2. Do not charge the device if it has water damage.
3. This product is an electronic monitoring device and not intended for medical use. The data provided is for reference only.
4. Heart Rate Test Method: Please remain relaxed and still during the test, and avoid talking.
5. The photoelectric sensor is a highly sensitive component. Avoid contact with hard objects and scratches. After wearing the device for some time, clean any sweat stains and dust from the surface with a soft cloth.

6. After wearing the device while bathing or sweating, please clean and dry the device promptly
7. Avoid wearing the device in saunas and steam rooms to maintain its water resistance. Do not use the device in high-speed water activities such as diving and water skiing.
8. If the watch crashes and restarts, check the memory information on your phone, try again, or exit the app. Restart and restore the watch to factory settings if necessary.